

Era già stato visitato dallo psichiatra, che aveva prescritto un antidepressivo - che non aveva ancora iniziato - e benzo-diazepine, che aveva interrotto perché a suo dire provocavano un aggravamento della sintomatologia.

Rubriche repertoriali

1. 779 - General - Mind - Disposition - Anxiety
2. 641 - Systemic - Cardiovascular - Heart - Palpitation
3. 380 - Systemic - Alimentary - Digestive Dysfunctions - Eructation - Heartburn (cardialgia, pyrosis)
4. 859 - General - Sleep - Dreams - Anxious
5. 1893 - Modalities - From Situation & Circumstance - Dark, in the
6. 818 - General - Sleep - Restless (uneasy, unsettled)
7. 1881 - Modalities - From Situation & Circumstance - Company, in (+ amel. by being Alone)
8. 1112 - General - Generals - Stitching (piercing, pricking) - inner parts

Rubrica	Bar-C.	Carb-a.	Sep.	Calc.	Phos.
779 General - Mind - Disposition - Anxiety	3	2	3	3	2
641 Systemic - Cardiovascular - Heart - Palpitation	2	2	4	4	4
380 Systemic - Alimentary - Digestive Dysfunctions - Eructation - Heartburn (cardialgia, pyrosis)	2	3	3	4	3
859 General - Sleep - Dreams - Anxious	2	2	3	3	4
1893 Modalities - From Situation & Circumstance - Dark, in the	2	3	-	3	-
818 General - Sleep - Restless (uneasy, unsettled)	4	1	3	3	3
1881 Modalities - From Situation & Circumstance - Company, in (+ amel. by Being Alone)	3	1	4	-	2
1112 General - Generals - Stitching (piercing, pricking) - inner parts	2	1	4	3	4

Prescrizione BARIUM CARBONICUM XMK dose tre globuli una volta poi placebo.

Il giorno dopo mi contatta, perché avverte un senso di peso in epigastrio; nel frattempo aveva già contattato il suo cardiologo di fiducia che lo aveva rassicurato: consiglio di aumentare la posologia del placebo. L'aggravamento iniziale permane per altri tre giorni; poi al quarto giorno, dopo una notte serena, si sveglia al mattino con una sensazione di benessere, non avverte più le fitte e anche i sintomi digestivi sono migliorati. Ultimo follow up il 20.6.20 in cui si conferma il netto miglioramento dei sintomi fisici che lamentava e della sintomatologia ansiosa.

Il follow up molto limitato non permette una valutazione oggettiva, ma sicuramente Barium carbonicum ha permesso un netto miglioramento della sintomatologia e ha permesso di iniziare un cammino di guarigione che andrà seguito e approfondito.

Sintomi in Materia Medica Pura di Hahnemann

- 5 —Sad mood. [Gss]
- 6 Sad and anxious; all manner of gloomy ideas as to his future fate rise in his mind, and he believes himself totally forsaken; in the evening (aft. 35d). [Ng]

7 —An evil fearful foreboding comes suddenly upon his soul, as if, e.g., a beloved friend might suddenly have fallen fatally ill. [Gss]

8 —Grief at every trifle. [Gss]

9 —Great solicitude and anxious apprehension. [Gss]

10. —She is very anxious and solicitous about things quite trifling, which else are indifferent to her. [Gss]

11 —Anxious and fearful; a little noise on the street seems to him at once like fire alarm, and he is frightened by it, so that it darts through all his limbs. [Gss]

12 —The greatest irresolution; he proposes to himself a brief journey, and as soon as he is to make his preparation, he is sorry for it, and prefers to stay at home. [Gss]

13 —Long wavering between opposing resolutions (aft. several days). [Gss]

14 —During the day she determines to attend to some particular matter; but scarcely has the time come, when she is sorry for it, and she knows not for irresolution what to do or to

leave undone. [Gss]

15 —All self-confidence has vanished. [Gss]

16 Great timidity and cowardice. [H]

17 Extremely discouraged and pusillanimous; she thinks she will die, and weeps (7th –10th d). [Ng]

18 Pusillanimity and anxiety. [N4]

19 Great ennui and ill-humour. [Ng]

37 —Numb feeling, dullness and heaviness of the head. [Gss]

38 Numb feeling and heaviness of the head, in the evening, with drowsiness; the head always tends to fall forward; at the same time peevish and tired (aft. 46d). [Ng]

39 —Stupid in the head, with tensive numbness in the forehead and the eyes, chiefly in the inner canthi. [Gss]

510. Fullness in the chest, with short breath, especially in ascending a height, and with stitches in the chest, especially on inspiring. [Ng]

511 Fullness in the chest, and painfulness as if bruised on the left side. [Ng]

512 Pain in the chest. [Htb]

530. Palpitation, which is renewed on thinking about it [Denken daran]; for then she feels anxious; chiefly about noon. [H]

531 Externally, in the breasts, tearing and lancination (aft. 19d). [Ng]

218 —Heartburn after a single eructation. [Adm]

314 After dinner, incomplete eructation, with subsequent spasmodic, contractive pain in the stomach (17th d). [Ng]

315 —Rising of air, with a sensation in the region of the stomach, as if the air had difficulty there in pressing through, causing a pain as of soreness, until eructation without taste

follows afterward. [Gss]
 316 Frequent eructation. [H]
 317 Constant eructation. [H]
 318 Eructation from the afternoon till late at night, so that he could not go to sleep (aft. 40d). [H]
 319 Empty eructation wakes him early from sleep (aft. 42d). [H]
 320. Much empty eructation, in the afternoon (aft. 25d). [H]
 321 —Empty, tasteless eructation (aft. ¼ h). [Htm]
 322 —Empty eructation, with disagreeable taste, and gathering of water in the mouth, without nausea. [Gss]
 323 Violent eructation, with pressure in the stomach, as if a stone came up with it and then fell back again. [Ng]
 324 Frequent eructation of air, with a sensation, as if a lump [grosses Knötchen], the size of a hazelnut, was coming up with it, in the morning (aft. 19d). [Ng]
 325 Frequent, bitterish eructation. [Ng]
 326 Sourish eructation, daily, a few hours after dinner. [H]
 327 Rancid eructation. [Ng]
 757 Anxious dreams, nearly every night, and restless sleep. [H]
 758 Anxious dreams, at night, and heaviness of the head, in the morning. [H]
 759 —Dreams about dead people (which, however, did not cause him any fear), and murmuring in his sleep (1st n). [Htb]

le terapie consigliate non hanno sortito effetto pertanto la paziente ha deciso - già qualche mese fa - di sospenderle. La tosse viene provocata da una sensazione di prurito in gola. Durante il colpo di tosse la paziente avverte una specie di colpo alla testa come un dolore non meglio precisato.

Indagando, emerge che la tosse peggiora parlando, subito dopo aver mangiato – specialmente se mangia abbondantemente - da seduta. Migliora invece da coricata e dopo una eruttazione.

Rubriche repertoriali:

1. 583 - Systemic - Respiratory - Cough - Expectoration - without
2. 2195 - Modalities - From Situation & Circumstance - Talking
3. 1112 - General - Generals - Stitching (piercing, pricking) - inner parts
4. 2146 - Modalities - From Situation & Circumstance - Sitting - whilst sitting
5. 2022 - Modalities - From Situation & Circumstance - Lying (resting in recumbent posture), whilst (cf. amel. Movement) - amel. (cf. aggr. Movement)
6. 1907 - Modalities - From Situation & Circumstance - Eructation (belching, burping), from - amel.
7. 1904 - Modalities - From Situation & Circumstance - Eating - satiety (fullness) to, from
8. 918 - General - Generals - Blows (jerks, punches, shocks, thrusts, etc.), as if - Jarring (concussion, jolting, shaking)

UN CASO DI TOSSE

Marco Colla

Medico Chirurgo - Omeopata BIELLA
 colla.marco@gmail.com

Daniela, 49 anni.

Viene in visita il 4 maggio 2020, perché da un anno lamenta una tosse secca molto fastidiosa, senza altri sintomi associati. All’anamnesi patologica remota non si evidenzia nulla e la paziente non presenta altre patologie o disturbi.

E’ già stata visitata dall’allergologo, che ha evidenziato una sensibilizzazione agli acari della polvere e ha consigliato un antistaminico, e dal gastroenterologo, che ha ipotizzato un possibile reflusso, consigliando un gastroprotettore. Tutte

Prescrizione: LYCOPODIUM CLAVATUM 3LM.

La paziente telefona il giorno dopo la prima assunzione dicendo che ha riposato male nella notte, con sogni ansiosi; di giorno la tosse sembrava peggiorata con spasmi.

Le consiglio di prendere il rimedio in acqua (mettere la goccia in un bicchiere d’acqua da cui assume solo un cucchiaino, buttando via il resto).

L’assunzione del rimedio in acqua risolve velocemente il disturbo, che va migliorando fino a passare completamente entro una settimana.

Rubrics	Sep.	Nux-v.	Lyc.	Sil.
583 Systemic - Respiratory - Cough - Expectoration - without	3	3	1	1
2195 Modalities - From Situation & Circumstance - Talking	3	2	2	2
1112 General - Generals - Stitching (piercing, pricking) - inner parts	4	2	1	2
2146 Modalities - From Situation & Circumstance - Sitting - whilst sitting	4	1	4	2
2022 Modalities - From Situation & Circumstance - Lying (resting in recumbent posture), whilst (cf. amel. Movement) - amel. (cf. aggr. Movement)	1	4	1	1
1907 Modalities - From Situation & Circumstance - Eructation (belching, burping), from - amel.	1	3	4	3
1904 Modalities - From Situation & Circumstance - Eating - satiety (fullness) to, from	2	1	4	2
918 General - Generals - Blows (jerks, punches, shocks, thrusts, etc.), as if - Jarring (concussion, jolting, shaking)	2	3	1	2