



# LISA DAL POZZO

Pharmacist, Ph.D

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<https://sites.google.com/view/dr-lisa-integrative-medicine/bio>

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## EDUCATION

### PhD, Chinese Materia Medica

Tianjin University of TCM, China

2021 - Present

### Master, Chemistry and Pharmaceutical Technologies

University of Ferrara, Italy

2009 - 2015

### Post-graduate Master, Healthcare Management

Pegaso University, Italy

2018 - 2019

### Specialization, Homeopathy

School of Homeopathic

Medicine of Verona, Italy

2015 - 2018

### Post-graduate Course, Pharmacology

University of Padova, Italy

2017 - 2018

### Post-graduate Course, Aromatherapy

Accademia Tecniche Nuove, Italy

2019 - 2019

## LANGUAGE

Italian

French

Mandarin Chinese

English

## ABOUT ME

I am Dr. Lisa Dal Pozzo, nearing completion of a PhD in Traditional Chinese Medicine at Tianjin University of TCM, where I specialized in anti-aging and anti-hyperlipidemia therapies. My academic path includes a Master's in Chemistry and Pharmaceutical Technologies from the University of Ferrara, along with specializations in homeopathy, pharmacology, and healthcare management. Since 2020, I've worked as a freelance content creator, crafting engaging and informative content across diverse fields like skincare and healthcare. Fluent in English, Italian, French, and Mandarin Chinese, I focus on delivering clear, engaging content thoughtfully adapted to each client's unique audience and cultural context.

## WORK EXPERIENCE

Oct 2024- Present

### Reviewer/scientific writer

NAFKAM-Cancer website

([cam-cancer.org](http://cam-cancer.org)) (Safety/Mechanism of Action)

Jan 2022-present

### Freelance scientific writer (KOSMODESIGN, Profilo

Salute, Diana Gianluca Web, Trasporti Santi)

2021 - 2024

### PhD Researcher & chemistry and pharmacology tutor

2016 - 2022

### Pharmacist; municipal pharmacy director

2017-2020 (Farmacia Comunale di

Lissandron S.), veterinary pharmacist 2020-

2022 (Croce Azzurra srl)

## LAB AND IT SKILLS

In vivo (rabbit, rat, mice), in vitro (cell culture), in silico

Biochemistry: ELISA, PCR, Western Blot

Chemistry: Chromatographic Technique,

NMR, MS

Programming Language: Python, R

Open-source OS: Unix/Linux

## CONGRESSES

- Speaker at the 74th LMHI World Congress of Homeopathy, September 2019, Sorrento, Italy;
- Speaker at the 6th and 8th World Webinar of Integrative and Traditional Medicine;
- Poster Presenter at the XVI ECIM & VI National SESMI Congress, November 2024, Madrid, Spain.

## FEDERATIONS

- Member of the Pharmacists Association of Padua
- Member of the Swiss Register of medical professionals MedReg (MEBEKO)
- Member of the Italian Federation of Associations and Homeopaths, category Pharmacist, since 2018.

## PUBLICATIONS

- Dal Pozzo L. Supplements for Migraine Prophylaxis: A Systematic Review and Meta-Analysis of Randomized Double-Blind Controlled Trials. 2025 January. International Journal of Neurology Sciences. Int. J. Neurol. Sci. 2025;7(1):03-22. doi: 10.33545/26646161.2025.v7.i1a.32
- Dal Pozzo L., et al. Role of epigenetics in the regulation of skin aging and geroprotective intervention: A new sight. Biomed Pharmacother. 2024 May;174:116592. doi: 10.1016/j.biopha.2024.116592.
- Dal Pozzo L. PI3K/Akt Pathway involvement in hepatic inflammation: In silico evaluation of silybum marianum and a research proposal for homeopathic Carduus marianus. Int. J. Hom. Sci. 2025;9(1):167-183.
- Dal Pozzo L. Applying network pharmacology to homeopathic research: A case study of nux vomica for gastritis using TCMSP database. International Journal of Homoeopathic Sciences. 2024;8(3):199-214. doi: 10.33545/26164485.2024.v8.i3d.1218
- Insights into the epitranscriptomic role of m6A on aging skeletal muscle. Ogbe E.S., Dal Pozzo L., et al. doi : 10.1016/j.biopha.2024.117041
- Bazi Bushen ameliorates hyperlipidemia in SAMP6 mice by regulating PI3K/AKT and HIF-1 pathways and lipid metabolism. Xu Z., Dal Pozzo L., et al. (Manuscript under review 2024)
- Bazi Bushen attenuates osteoporosis via orchestrating bone homeostasis in SAMP6 mice. Xu Z., Dal Pozzo L., et al. (Manuscript under review 2024)

## PUBLICATIONS

- Osthole promotes osteogenesis via ER, PI3K/Akt, MEK/ERK, and Wnt/ $\beta$ -catenin signaling pathways in MG-63 cells. Tian C. C., Dal Pozzo L., et al. (Manuscript under review 2024)
- Abankwah J.K., Dal Pozzo L., et al. Gut aging: A wane from the normal to repercussion and gerotherapeutic strategies. *Heliyon*. 2024 Sep 12;10(19):e37883. doi: 10.1016/j.heliyon.2024.e37883.

## THESIS

- Motivational theories applied to pharmacy: analysis and proposals.
- The Antidotes in Homeopathic Medicine.
- Stereo-selective Synthesis of 2,6-Dimetil Tyrosine.

## REFERENCES

- Yuhong Bian (Tianjin University of TCM)
- Miao Wang (Tianjin University of TCM)
- Yanfei Peng (Tianjin University of TCM)
- Xingfang Pang (Tianjin University of TCM – Acupuncture dept)
- Simonetta Benetti (University of Ferrara)
- Federico Allegri (School of Homeopathy of Verona)
- Xiukui Shang (Tianjin University of TCM-Baokang Hospital)